

Contact us at:

Stephen's Place Children's Centre,
1a Ravenscourt Road,
Hammersmith,
London W6 OUH

Phone: 020 8741 8020 Fax: 020 8741 8029

Email: stephensplace@dvip.org

Opening hours

Office Hours: 10am till 5pm Mon-Fri

Supervised: 10am till 6.00pm Mon-Fri

Sessions: 10am till 4.30pm Sat.

Separated Parents Parenting Information Program

Monday 10.30pm – 12.30pm

Monday 12.30pm – 2.30pm

Monday 3.30pm – 5.30pm

Monday 6.30pm – 8.30pm

Wednesday 12.30pm – 2.30pm

Wednesday 3.30pm – 5.30pm

Wednesday 6.30pm – 8.30pm

Thursday 12.30pm – 2.30pm

Thursday 3.30pm – 5.30pm

Thursday 6.30pm – 8.30pm

Wednesday 12.30 – 4.30pm

Thursday 12.30 – 4.30pm

Saturday 10.30 – 2.30pm

Transport

Buses: The bus routes are 27, 190, 266,
267, 391.

Tubes: The tubes are Ravenscourt Park on
the District Line and Hammersmith on the
Hammersmith & City, Piccadilly and District
lines.

Directions

Stephen's Place is easily accessible -
situated right by Ravenscourt Park Tube in
Hammersmith, W6 (ten minutes' walk from
Hammersmith Tube).

Directions



Separated Parents Parenting Information Program (SPIP)

Stephen's Place
Children's Centre



Stephens Place is a branch of the Domestic Violence
Intervention Project
Charity no. 1099549 Company no. 3994397
All contact is provided within the framework of the
National Association of Child Contact Centres, of which
Stephen's Place is a member.



Separated Parents Parenting Information Programme

The Programme:

The Separated Parents programme is a court ordered activity. Which is a **free service** offered to parents involved in separating process via court proceedings.

The Separated Parents Parenting Information programme is **not** a parenting programme designed to teach mothers and fathers how to parent their children.

The Parenting information programme is designed to support parents with information on parenting following separation and/or divorce. The programme explores how separation and divorce affects parents and children.

The Course:

The course is delivered in groups or on one to one sessions depending on needs of clients and availability. Participants are expected to attend the full course, which is four hours long in total.

Stephen's Place runs the programme frequently over two sessions, which are two hours long or one four hour long session.

Sessions

The sessions are scheduled Monday's, Wednesdays, Thursdays and Saturdays. Sessions times vary in mornings, afternoons, early evenings and on Saturdays.

WHY NOT CALL US AND CHECK AVAILABILITY
PHONE: 020 8741 8020

Attendees

Attending parents will not be in the same group as their ex-partner.

The Programme covers the following topics:

Session 1a

Looks at the divorce process and introduces the concept of the "Separation Journey"

Session 1b

Focuses on children and then on parents' strengths.

Session 2a

Focuses on parent communication

Session 2b

Focuses on the emotional aspects of divorce and separation and moving forward

Course Aims:

- To offer parents a different perspective, on parenting after separation.
- To allow parents the opportunity to exchange ideas while focusing on their

children's needs.

- To increase parents' knowledge of the impact of separation on their children.
- To promote changes in parent's behaviour and communication, thereby reducing conflict and achieving positive outcomes for children

Feedback from participants:

"I believe the course made me look into myself and think of the impact my decisions can have on my daughter and to be more self-aware"

"I think mediation is the way ahead instead of going to court. In my case mediation would have stopped the unnecessary harsh feeling towards my ex-partner and also upsetting my children"

"Very well spent 4 hours of my life, was an eye opener and I am now going to collect my daughters and tell them I love them and that everything is going to be ok. If it wasn't for this course I would have still been so angry and lost sight of what was really important"

Anti-Discrimination Policy and Service User Participation: Stephens Place Children's Centre Works towards equality of opportunity and values the rich diversity to its service users.